

Complete Revascularization Trialists' Collaboration Final Results

An individual patient data meta-analysis of randomized trials comparing complete versus culprit lesion-only revascularisation for acute myocardial infarction:

THE COMPLETE REVASCULARISATION TRIALISTS' COLLABORATION

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Background

- Patients undergoing PCI of the culprit lesion for ACS are often found to have multivessel CAD, with 1 or more non-culprit lesions.
- RCT's have evaluated whether to routinely perform complete revascularisation (multi-vessel PCI of all non-culprit lesions, in addition to the culprit lesion) or manage the non-culprit lesions conservatively (culprit lesion-only PCI).
- Most (but not all), RCT's have shown that complete revascularization reduces non-fatal events, but there remains uncertainty regarding:
 - 1. the robustness of this benefit when considering the totality of RCT data
 - 2. whether complete revascularization reduces cardiovascular death









Objective

To perform a collaborative individual patient data metaanalysis to determine the robustness of the effect of complete revascularization on CV death or new MI and CV death alone, based on the totality of data from RCT's









Outcomes

Primary Outcomes

- CV death or New MI
- CV death alone

Secondary Outcome

All-cause death

Other Outcomes

- New MI
- Non-CV death









Methods

Inclusion Criteria: RCT's enrolling at least 250 patients with STEMI or NSTEMI comparing complete revascularisation strategy (with PCI) with either an angiography-guided or physiology guided strategy to a culprit lesion-only PCI strategy

Exclusion: Trials enrolling patients with cardiogenic shock or stable coronary artery disease

Search Strategy: Embase, Ovid MEDLINE and the Cochrane Central Register of Controlled Trials (CENTRAL) from 1996 to 2025 September 15

Analysis: ITT population, data pooled and analyses using a Cox Frailty Model with clustering of trials using a random effect.

The first primary outcome evaluated pre-specified α =0.04. If statistically significant, the α was considered "unused" and transferred to the second primary outcome, which was then tested at the full 0.05 level. If the first primary outcome was not significant, the second primary outcome was tested at α =0.01.

Sensitivity Analysis: 2-Stage analysis with PRAMI included









Included Trials

TRIAL	N	INVESTIGATORS
Compare-Acute	885	P. Smits, D. Giacoppo
DANAMI-3 PRIMULTI	627	T. Engstrøm, D.E. Høfsten
Cvlprit	296	A. Banning, G. McCann
COMPLETE	4041	S. Mehta, D. Wood, J. Cairns
FIRE	1445	S. Biscaglia, G. Casella, G. Campo
FULL REVASC	1542	F. Böhm, S. James
Total	8836	







Baseline Characteristics

	Complete N=4,259	Culprit-only N=4,577
Median Age, years	65.5 (56.8, 76.0)	66 (57.0,76.0)
Male sex	77.3%	75.5%
Female sex	22.7%	24.5%
Diabetes	19.5%	20.1%
Chronic renal insuff.	12.8%	11.9%
Clinical Presentation		
STEMI	87.4%	88.4%
NSTEMI	12.6%	11.6%
Previous MI	8.7%	8.8%
Current smoker	34.7%	34.5%
Hypertension	53.6%	54.8%
Dyslipidaemia	36.9%	36.6%
Previous PCI	8.9%	8.9%
Killip class ≥II	11.8%	11.6%

	Complete N=4,259	Culprit-only N=4,577
Symptom onset to index PCI		
<6 hr	72.3%	72.4%
6-12 hr	15.9%	15.9%
>12 hr	11.8%	11.6%
Medications at discharge		
Aspirin	98.6%	98.4%
P2Y12 Inhibitor		
Any	97.7%	98.2%
Ticagrelor	59.0%	57.0%
Prasugrel	11.9%	12.9%
Clopidogrel	26.9%	28.3%
Beta blocker	85.9%	86.1%
ACEi/ARB	81.0%	80.4%
Statin	97.7%	96.7%









Procedural/Angiographic Characteristics

	Complete N=4,259	Culprit-only N=4,577
Radial access	79.5% 73.5%	
Culprit lesion location*		
LM	44/3831 (1.1%)	46/4167 (1.1%)
LAD	1408/3831 (36.7%)	1520/4167 (36.5%)
Circ	731/3831 (19.0%)	741/4167 (17.8%)
RCA	1655/3831 (43.2%)	1870/4167 (44.9%)
No. of NCL vessels		
1	73.7%	73.3%
≥2	26.3%	26.6%
NCL diameter stenosis*		
50-<70%	743/5273 (14.1%)	736/4895 (15.0%)
70-<90%	3098/5273 (58.8%)	2929/4895 (59.8%)
90-<100%	1145/5273 (21.7%)	960/4895 (19.6%)
100%	287/5273 (5.4%)	270/4895 (5.5%)

	Complete N=4,259	Culprit-only N=4,577
Non-culprit lesion location*		
Left main	13/4888 (0.3%)	7/5089 (0.1%)
LAD	1961/4888 (40.1%)	2190/5089 (43.0%)
Proximal LAD	514/4888 (10.5%)	543/5089 (10.7%)
Mid LAD	739/4888 (15.1%)	857/5089 (16.8%)
Circumflex	1832/4888 (37.5%)	1914/5089 (37.6%)
Prox Circ	897/4888 (18.4%)	964/5089 (18.9%)
Distal Circ/PLV	330/4888 (6.8%)	366/5089 (7.2%)
RCA	1174/4888 (24.0%)	1173/5089 (23.0%)

*Per Lesion

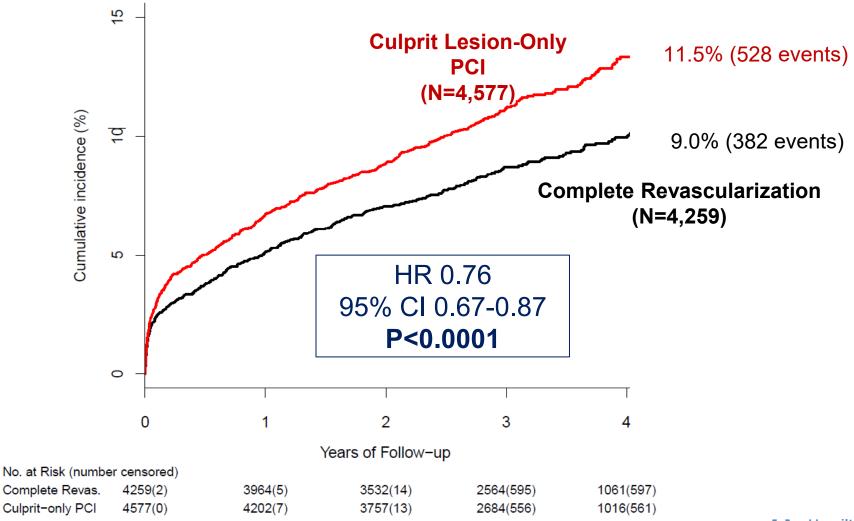








Primary Outcome: CV Death or New MI



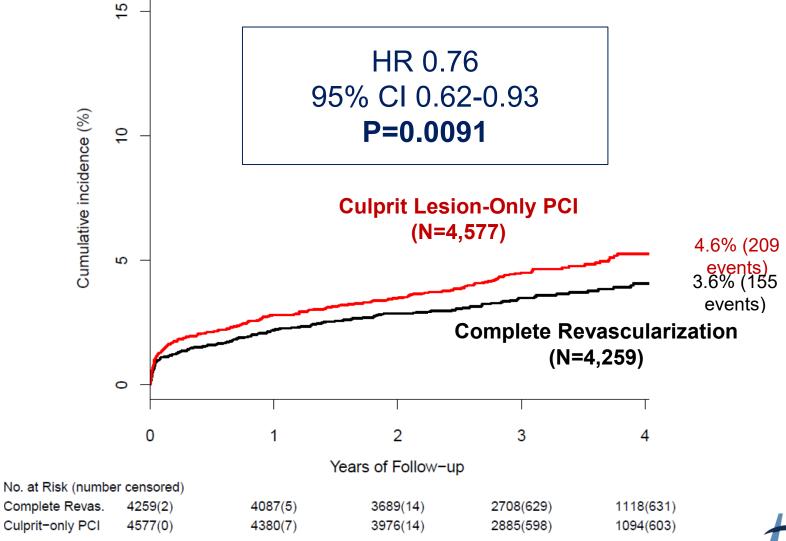








Primary Outcome: CV Death











Primary Outcomes Forest Plots



P heterogeneity=0.38

0.50

1.0

Hazard Ratio (log scale)

2.0



One stage IPD analysis

*Event rate per 100 person-years



0.76 (0.62 -0.93)

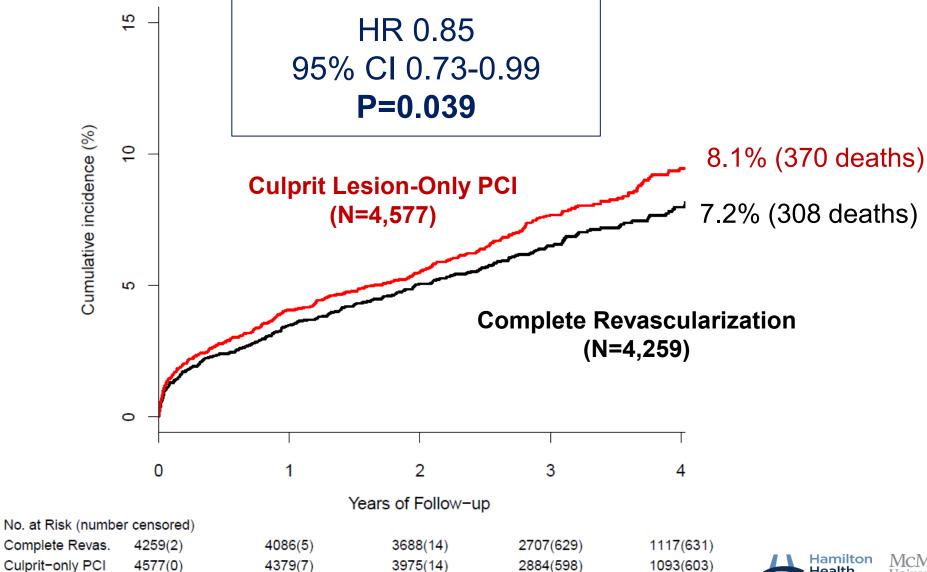
p = 0.0091





Median Follow-up 3 years

Secondary Outcome All-cause Death



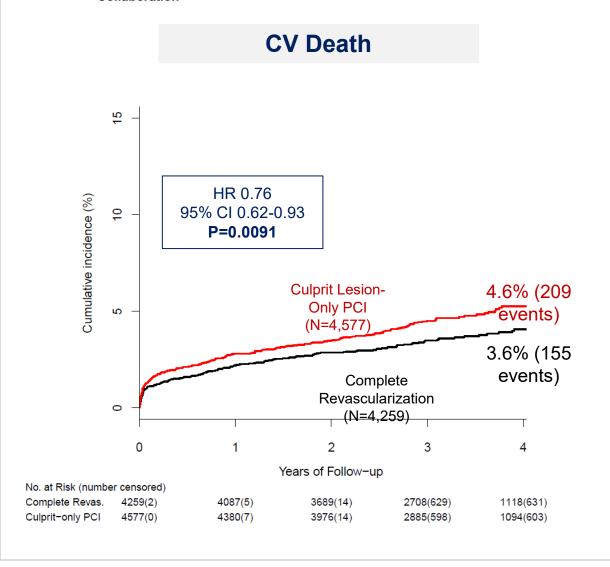


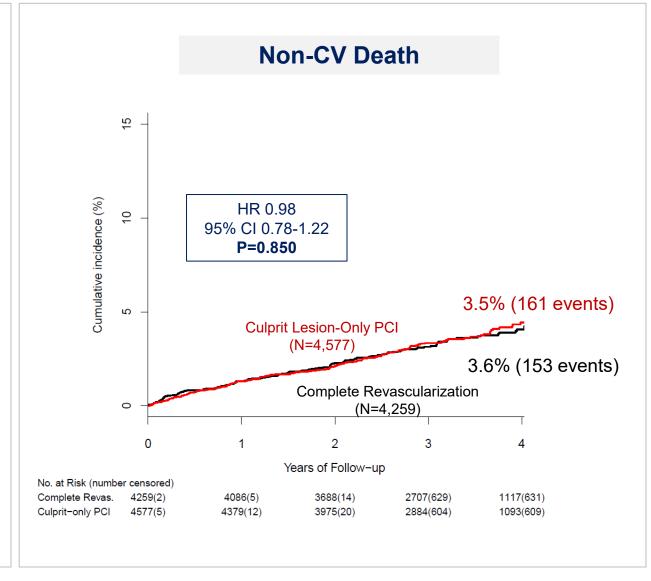






CV Death and Non-CV Death



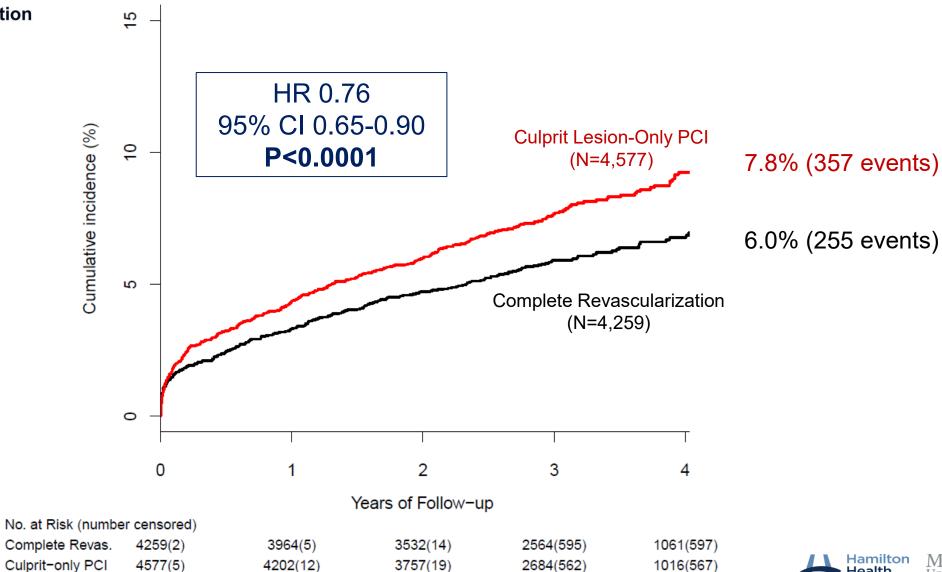








New MI











Summary of Main Outcomes Median Follow-up 3 Years

Outcome	Complete Revasc (N=4259)	Culprit Lesion-only PCI (N=4577)	HR (95% CI)	P-value
Primary Outcome: CV death or new MI	382 (9.0%)	528 (11.5%)	0.76 (0.67-0.87)	<0.0001
Primary Outcome: CV death	155 (3.6%)	209 (4.6%)	0.76 (0.62-0.93)	0.0091
Secondary Outcome: All-cause death	308 (7.2%)	370 (8.1%)	0.85 (0.73-0.99)	0.039
Non-CV death	153 (3.6%)	161 (3.5%)	0.98 (0.78-1.22)	0.85
New MI	255 (6.0%)	357 (7.8%)	0.76 (0.65-0.90)	0.0011



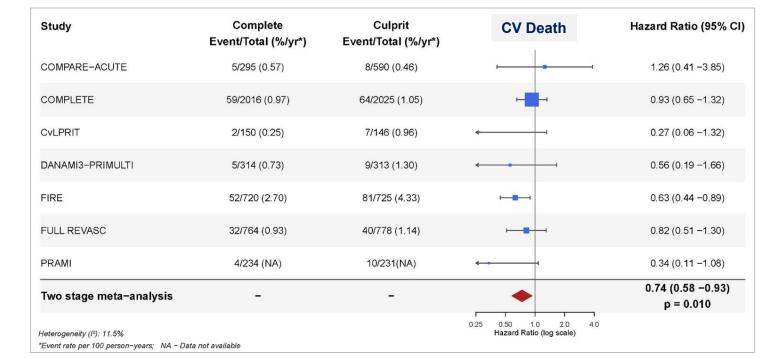






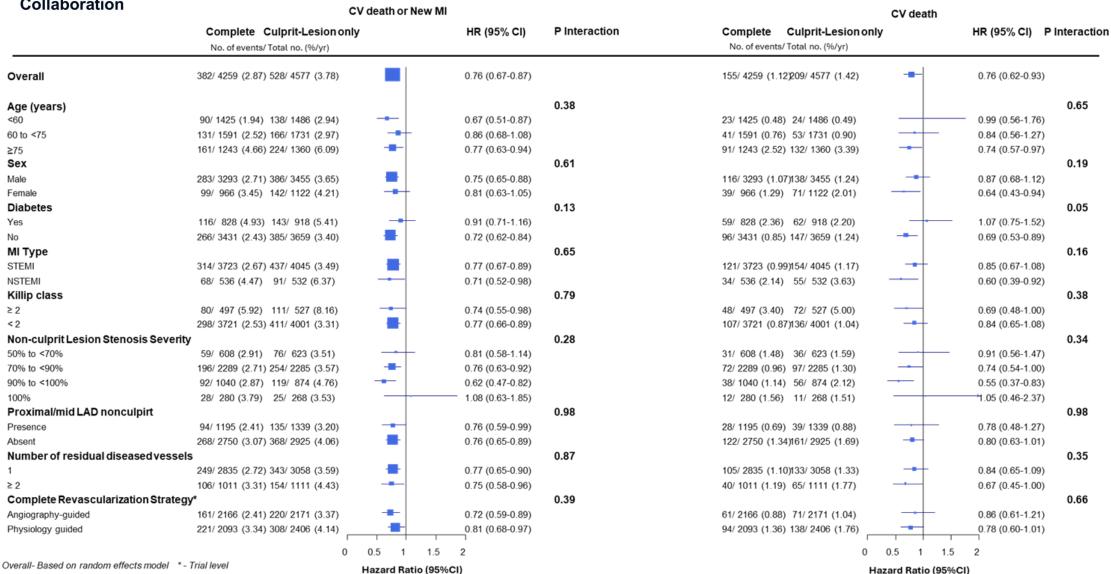
Sensitivity Analysis: Two stage approach including PRAMI

Study	Complete Event/Total (%/yr*)	Culprit Event/Total (%/yr*)	CV Death or New MI	Hazard Ratio (95% CI)
COMPARE-ACUTE	24/295 (2.86)	61/590 (3.72)		0.77 (0.48 -1.24)
COMPLETE	158/2016 (2.69)	213/2025 (3.67)	-	0.74 (0.60 -0.91)
CVLPRIT	3/150 (0.37)	7/146 (0.99)		0.41 (0.11 -1.59)
DANAMI3-PRIMULTI	20/314 (3.02)	25/313 (3.74)		0.80 (0.45 -1.45)
FIRE	92/720 (4.97)	132/725 (7.48)		0.67 (0.52 -0.88)
FULL REVASC	85/764 (2.60)	90/778 (2.68)	-	0.97 (0.72 -1.30)
PRAMI	11/234 (NA)	27/231 (NA)	←	0.36 (0.18 -0.73)
Two stage meta-analysis	-	-	•	0.74 (0.64 -0.86) p = <0.001
Heterogeneity (I²): 15.8% *Event rate per 100 person-years; NA - Da	ta not available		0.25 0.50 1.0 2.0 4.0 Hazard Ratio (log scale)	





Subgroups



STEMI=ST-segment elevation myocardial infarction, NSTEMI=Non-ST-segment elevation myocardial infarction, LAD=Left aneterior descending,



Subgroups

CV death or New MI

Complete Culprit-Lesion only

CV death

Complete Culprit-Lesion only

Comple

Overall

Age (years)

<60

60 to <75

≥75 **Sex**

Male Female

Diabetes

Yes

MI Type

STEMI NSTEMI

Killip class

≥2 <2

Non-culprit L

50% to <70% 70% to <90% 90% to <100%

Proximal/mid

Presence Absent

Number of re

≥ 2

Complete Rev

Angiography-gu Physiology guid

Consistent results for both primary outcomes:

- 1. Age <60, 60 to <75, ≥75
- 2. Women vs men
- 3. Diabetes vs No Diabetes
- 4. STEMI vs NSTEMI
- 5. Killip Class ≥2 vs < 2
- 6. NCL Stenosis Severity 50-<70%, 70 to <90%, 90 to 99%, 100%
- 7. Prox/mid LAD NCL vs other location
- 8. Number of residual diseased vessels: 1 vs 2
- 9. Complete Revasc Strategy: Angio-guided vs Physio-guided



Conclusions

This IPD involving <u>8,836 patients from 6 multicentre</u> randomized trials demonstrated that, compared with culprit lesion-only PCI, **complete revascularisation**:

- Reduced CV death or new MI by 24% (P<0.0001)
- Reduced CV death alone by 24% (P=0.0091)
- Reduced all-cause death by 15% P=0.039)
- Reduced new MI by 24% (P=0.0011)
- Had no effect on Non-CV Death

This benefit was consistent in all subgroups studied, including:

- Women and men
- Younger and older patients
- STEMI and NSTEMI
- Physiology-guided and angiography-guided NCL PCI strategies









Implications

- These data provide the strongest evidence that complete revascularisation improves important clinical outcomes in patients with acute MI and multivessel CAD
- The number needed to treat to prevent 1 CV death or new MI is 41 patients and to prevent 1 CV death is 99 over 3 years.
- Data from the IPD establish complete revascularization for patients with acute MI as one of the few clinical indications where a PCI-based strategy reduces cardiovascular and allcause death









Simultaneously Published in:

THE LANCET

Complete versus culprit lesion-only revascularisation for acute myocardial infarction (Complete Revascularisation Trialists' Collaboration): an individual patient data meta-analysis of randomised trials



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