

Apixaban for the Reduction of Thrombo-Embolism in Patients with Device-Detected Subclinical Atrial Fibrillation (ARTESiA)

Top 4 Arrhythmia Trials 2023-2025



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CASE PRESENTATION



You are asked to see a 78-year-old male in your office.

As you review his chart notes you note that the patient has:

- Controlled hypertension on candesartan,
- Type 2 diabetes on oral antihyperglycemics
- A dual chamber pacemaker inserted 5 years ago for intermittent high-grade AV block and syncope.

On review of his last device interrogation, you note that they had an episode of atrial fibrillation which lasted 12 hours.

The patient was asymptomatic during this episode but is concerned and asks you if anything should be done.



A 78 YEAR OLD MALE

CHA₂DS₂-VASC = 4

UP TO 12 HOURS OF DEVICE-DETECTED AF

Which is true with respect to Direct Oral Anticoagulants (DOACs) for your patient:

- a) They reduce the risk of stroke, but increase the risk of bleeding
- b) They have no effect on risk of stroke, but increase the risk of bleeding
- c) They reduce the risk of stroke, and have no effect on the risk of bleeding
- d) No effect on either

CASE PRESENTATION



You are called to see a patient in pacemaker clinic.

This is an 82-year-old female with a dual chamber pacemaker implanted for syncope and bifascicular block.

Her history is notable for hypertension, coronary artery disease with a prior stent (taking ASA 81 mg daily), remote stroke without any sequelae, and chronic lower back pain for which she requires a walker to mobilize.

You note several episodes of atrial fibrillation over the past month, some lasting as little as 6 minutes, and others up to 6 hours.

What is your anti-thrombotic plan for this patient?

AN 82 YEAR OLD FEMALE CHA₂DS₂-VASC = 7, PRIOR STROKE + PCI UP TO 6 HOURS OF DEVICE-DETECTED AF

What would you do

- a) Continue them on ASA 81 mg alone
- b) Stop ASA, start apixaban
- c) Continue ASA, start apixaban
- d) Stop ASA
- e) I don't know, go Blue Jays!

+



DR MCINTYRE

PROGRAM DISCLOSURE OF COMMERCIAL SUPPORT

I have relationships with for-profit and not-for-profit organizations over the past 2 years:

Nature of Relationship	Name of the for-profit of not-for-profit organization	Description of Relationship
Any direct financial payments including receipt of honoraria	Heart and Stroke, PHRI	
Membership on advisory boards or speakers' bureaus	Atricure iRhythm	Consulting Speaking
Funded grants of clinical trials	Heart and Stroke, CIHR	
Patents on a drug, product or device		
All other investments/relationship that could be seen as having the potential to influence the content of the educational activity	Author and Steering Committee, ARTESiA Trial	

+ • OAC for device-detected AF?
The Issues

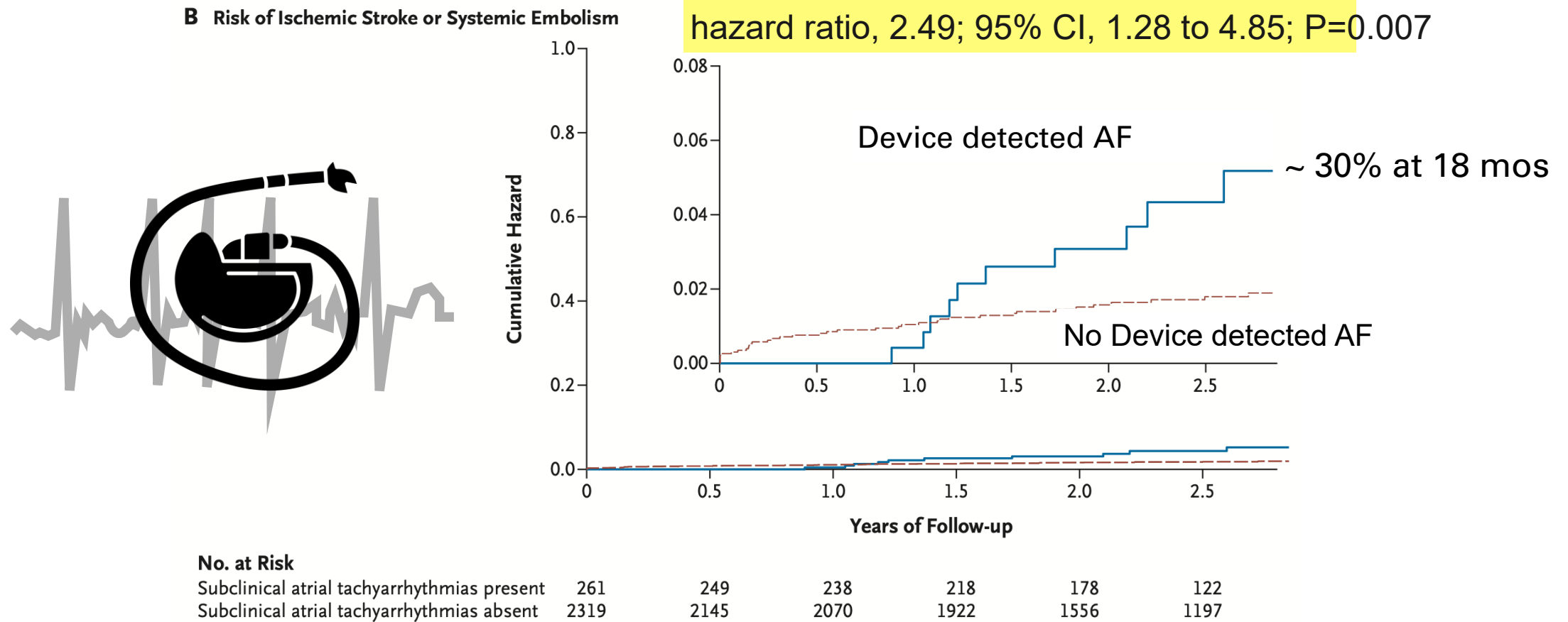
1. Are patients with device-detected AF at risk of stroke?

2. Does OAC reduce stroke in these patients?

3. Is the risk of stroke sufficiently high to justify OAC?

4. Is the bleeding risk acceptable?

Device-detected AF increases the risk of stroke



Healey JS et al NEJM 2012

+ • OAC for device-detected AF?
The Issues

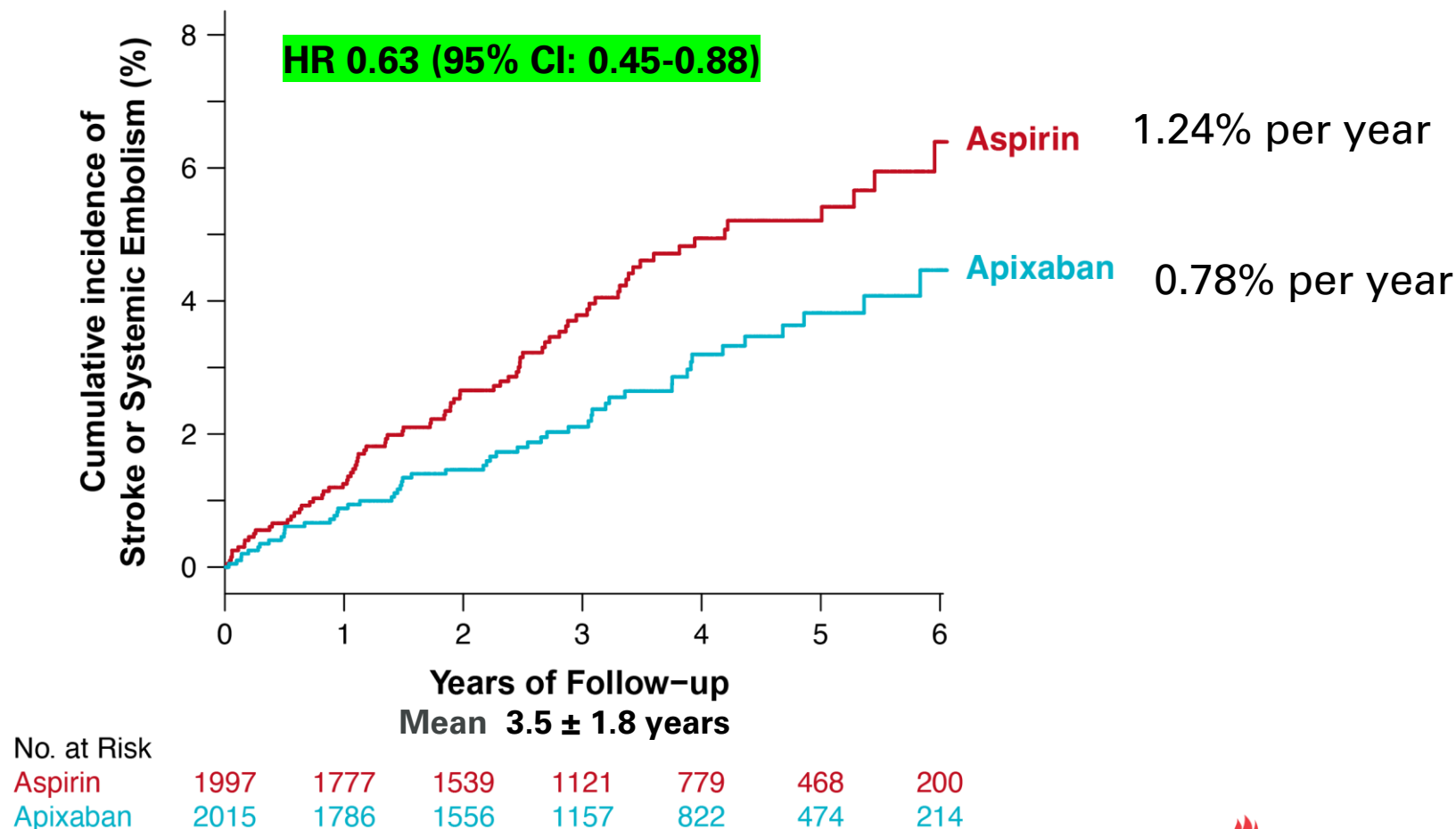
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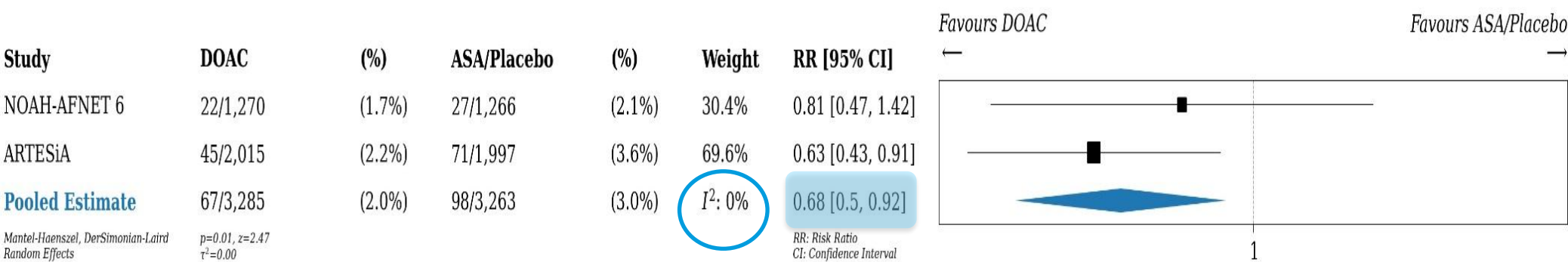
APIXABAN REDUCES STROKE IN DEVIE-DETECTED AF



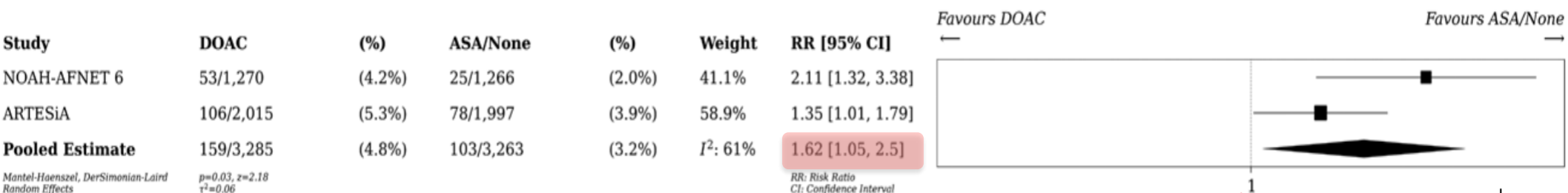


Direct Oral Anticoagulants for Stroke Prevention in Patients With Device-Detected Atrial Fibrillation: A Study-Level Meta-Analysis of the NOAH-AFNET 6 and ARTESiA Trials

Ischemic Stroke



Major Bleeding



+ • OAC for device-detected AF?
The Issues

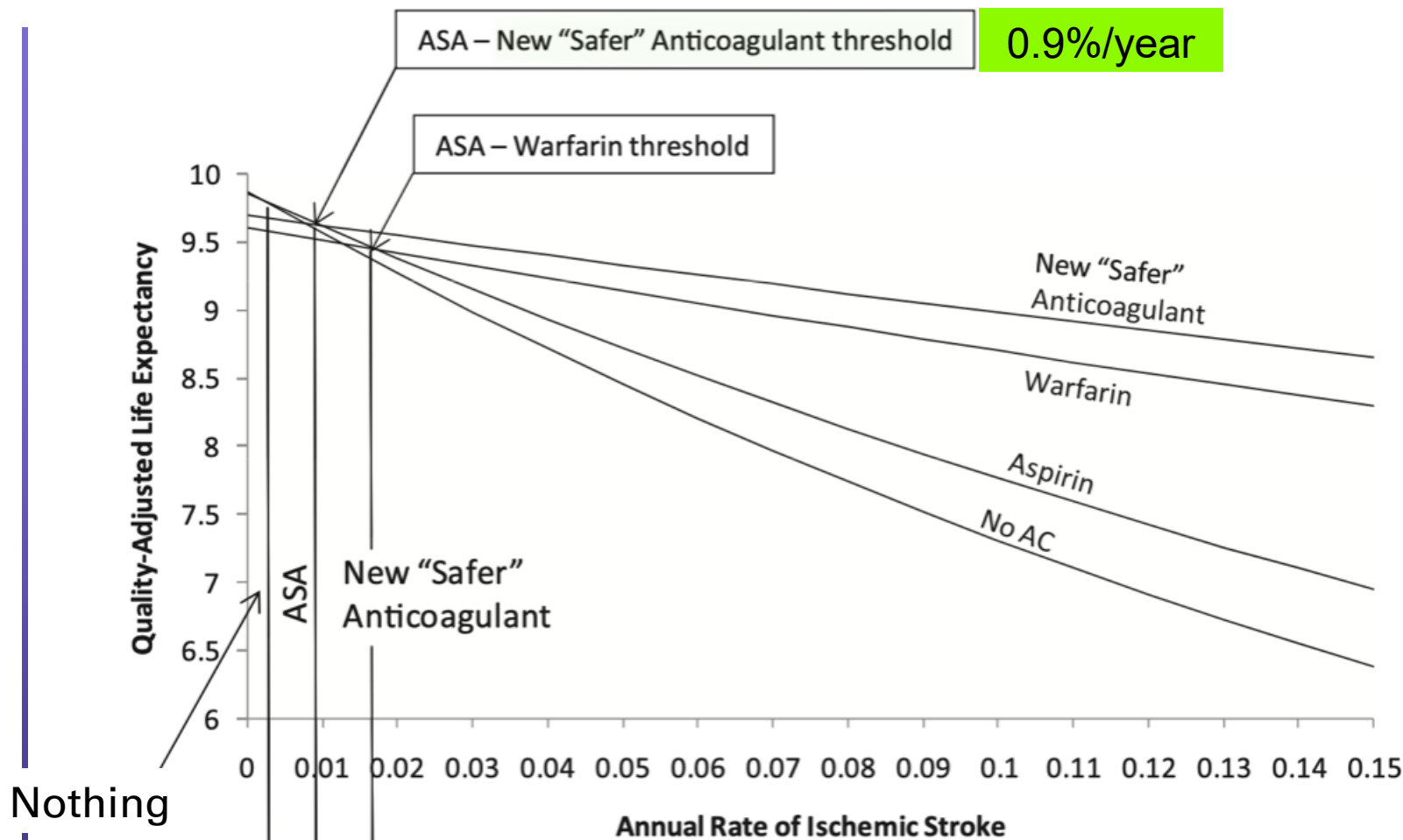
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What annual rate of stroke justifies OAC?



- Basis for CCS "CHADS-65"
- IIA ESC 2024
- IIA AHA/ACC 2023



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Stroke Rates in Device-Detected AF Exceed 1%/year A Threshold at Which Bleeding Risk is Generally Justified

Outcome	ARTESiA	Apixaban (N = 2015)	Aspirin (N = 1997)	Hazard Ratio (95% CI)	P Value
		<i>no. of patients with event</i>	<i>no. of patients with event</i>	<i>%/patient-yr</i>	
Stroke or systemic embolism		55	86	1.24	0.63 (0.45–0.88)
Stroke		55	84	1.21	0.64 (0.46–0.90)
Ischemic or unknown type†		45	71	1.02	0.62 (0.43–0.91)
Hemorrhagic		10	13	0.18	0.76 (0.33–1.73)

Outcome	NOAH-AFNET 6	Edoxaban (N = 1270)	Placebo (N = 1266)	Adjusted Hazard Ratio (95% CI)
		<i>no. of patients with event/patient-yr (% per patient-yr)</i>		
Primary composite efficacy outcome†		83/2557 (3.2)	101/2495 (4.0)	0.81 (0.60 to 1.08)‡
Ischemic stroke		22/2573 (0.9)	27/2519 (1.1)	0.79 (0.45 to 1.39)
Systemic embolism		14/2579 (0.5)	28/2515 (1.1)	0.51 (0.27 to 0.96)

≥1%



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ARTESIA SHOWED A REDUCTION IN + FATAL/DISABLING STROKE • AT THE EXPENSE OF NON-FATAL MAJOR BLEEDS

	Apixaban (N = 2015)	Aspirin (N = 1997)	Hazard Ratio (95% CI)
Total Stroke	55 (0.78)	84 (1.21)	0.64 (0.46-0.90)
Modified Rankin Score 0-2	31 (0.44)	45 (0.65)	0.68 (0.43-1.07)
Modified Rankin Score 3-6	19 (0.27)	37 (0.53)	0.51 (0.29-0.88)
Major bleeding (ISTH)	106 (1.53)	78 (1.12)	1.36 (1.01-1.82)

	Apixaban (N = 2015)	Aspirin (N = 1997)
Clinical course	n (% of major bleeds)	
1 - conservative measures	21 (22.6)	16 (32.7)
2 - supportive care, transfusion	54 (58.1)	22 (44.9)
3 - immediate measures needed to avoid death	9 (9.7)	4 (8.2)
4 - death unavoidable	3 (3.2)	6 (12.2)

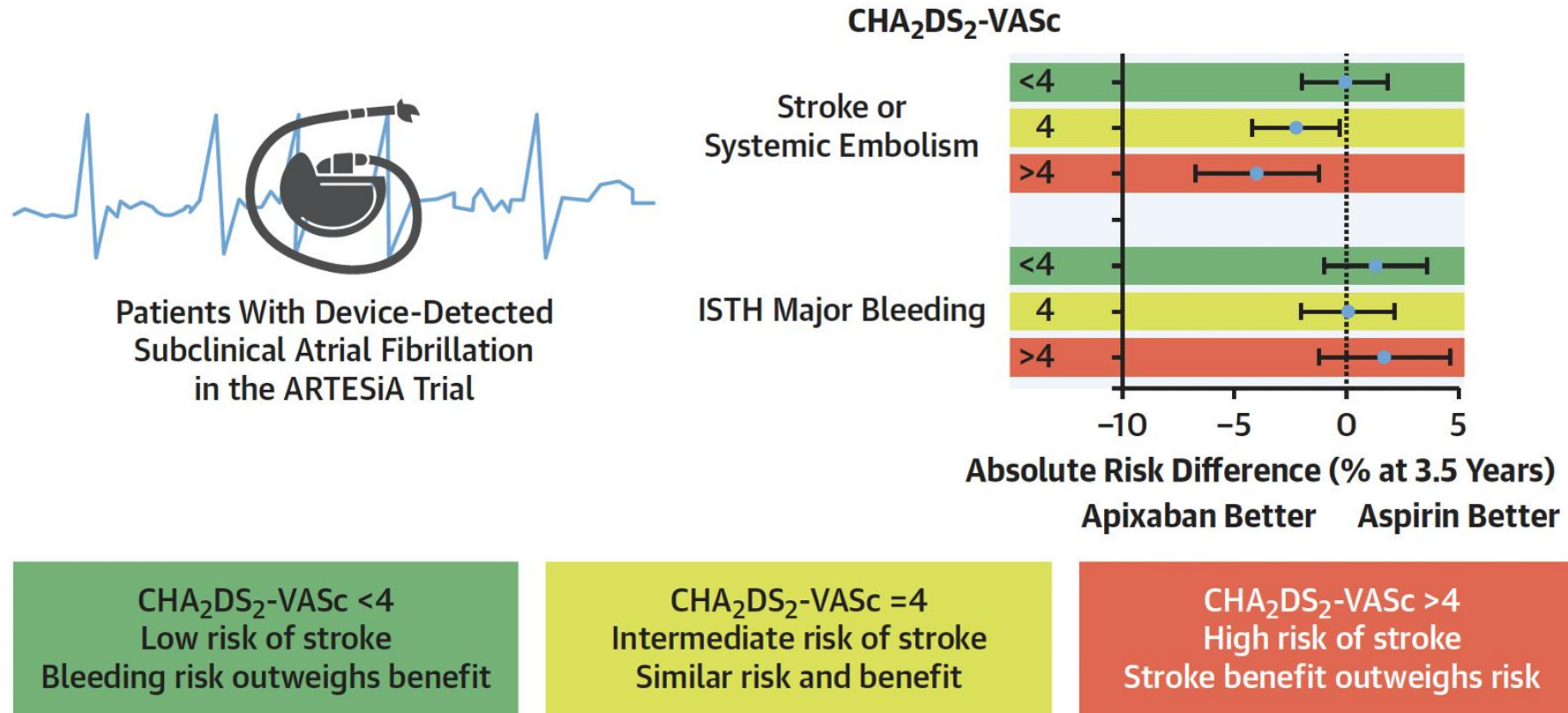
Many Patients Value Stroke Prevention Over Bleeding Risk

“Patients at high risk for AF placed more value on the avoidance of stroke and less value on the avoidance of bleeding than did physicians who treat patients with AF.”

“Patients were willing to endure 4.4 major bleeds in order to prevent one stroke.”

Subgroups of Patients with Device-detected AF With a High Baseline Risk of Stroke

CHA₂DS₂-VASc Score > 4: 2.25%/year on Aspirin

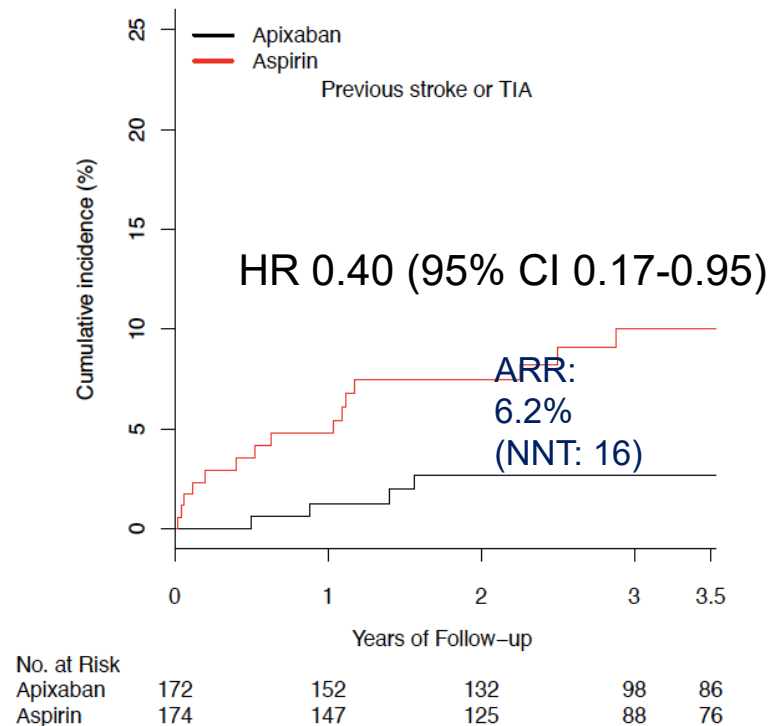


Lopes RD, et al. J Am Coll Cardiol. 2024;84(4):354-364.

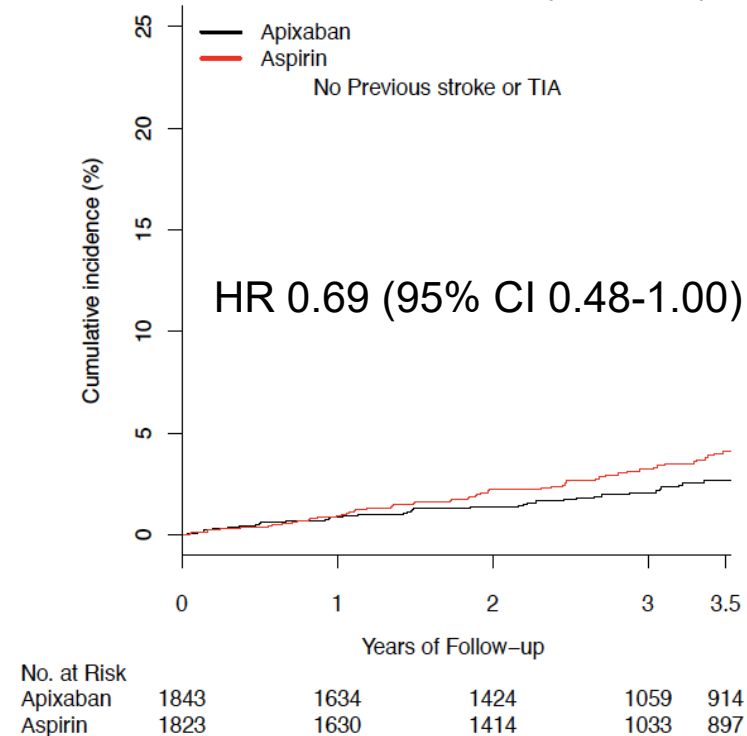
Subgroups of Patients with Device-detected AF With a High Baseline Risk of Stroke

Prior Stroke: 3.4%/year on Aspirin

Patients with Previous stroke or TIA (n=346)



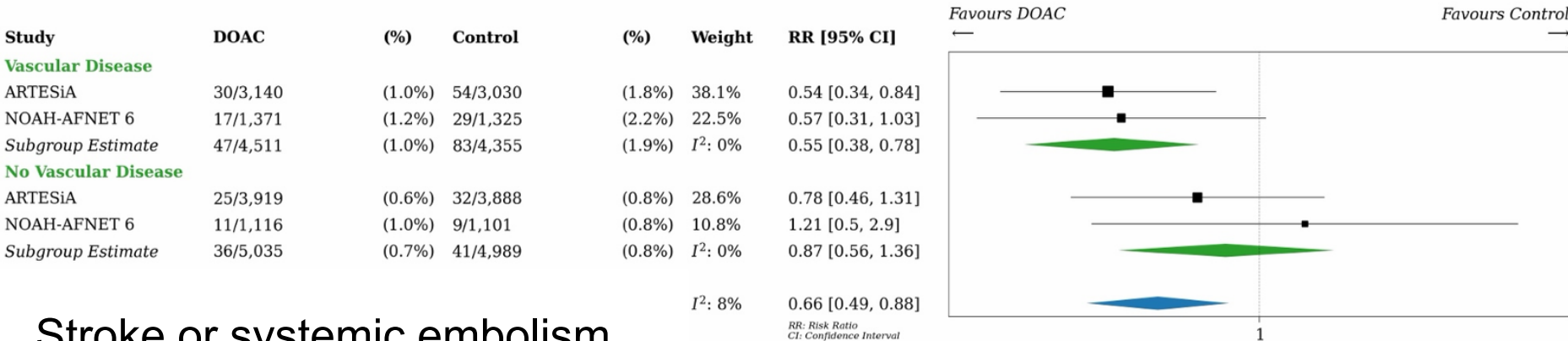
No Previous stroke or TIA (n=3666)



P-interaction for absolute risk =0.03

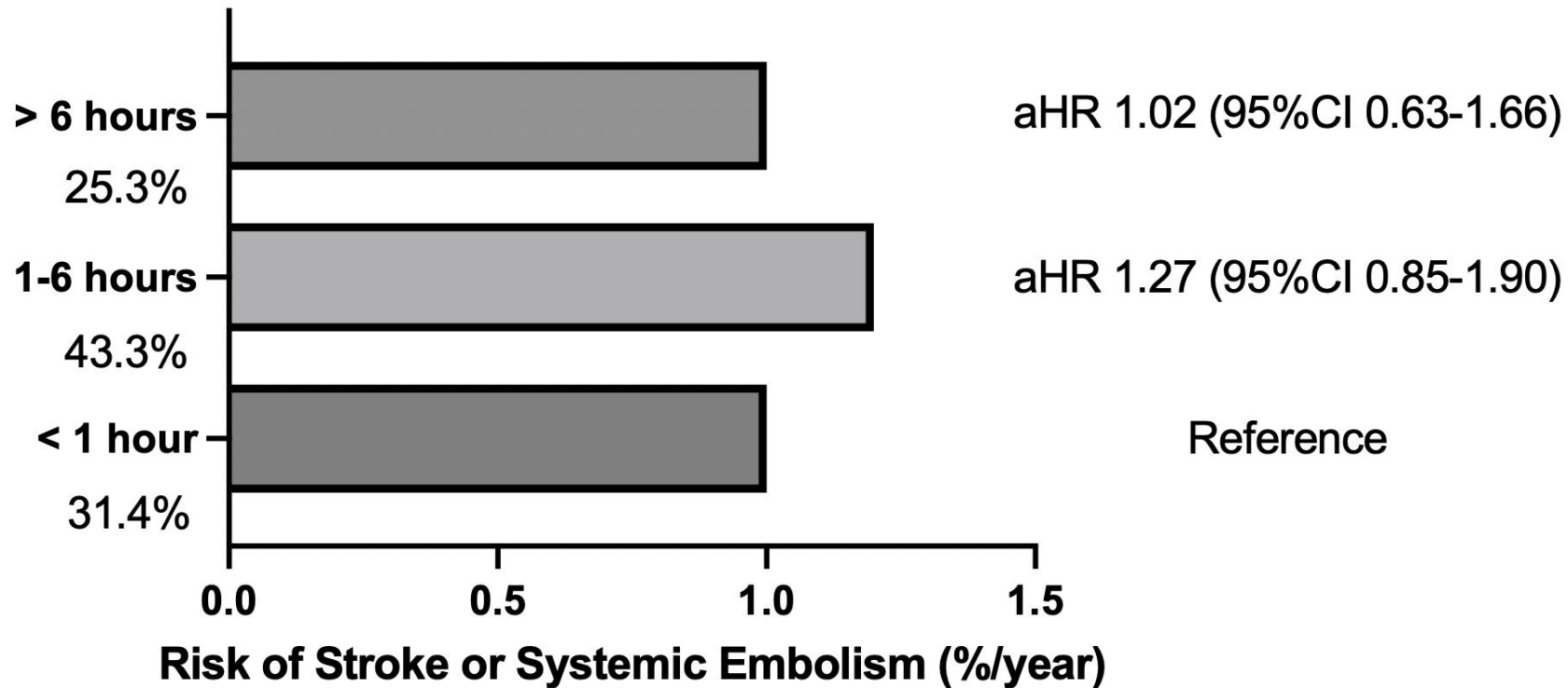
Subgroups of Patients with Device-detected AF With a High Baseline Risk of Stroke

Vascular Disease: 1.9%/year on Aspirin/Placebo



+ **AF Episode Duration < 24 h**

- **Does Not Affect Stroke Risk**



Note:

Episodes > 24 h previously shown as high risk, censored in ARTESiA

Net Benefit: Apixaban is ⁺Cost –Effective for Device-Detected AF

Lifetime Cost

				
	Canada	United Kingdom	Germany	United States
Costs			\$4937	\$9314
Incremental Cost			\$7560	\$18424
Incremental Cost (Discounted)			\$2623	\$9110
QALYs			4.888	4.888
Incremental QALYs			4.995	4.995
Incremental QALYs (Discounted)			0.107	0.107
ICER			0.086	0.086
ICER (Discounted)			\$24,514/QALY	\$85,140/QALY
			\$26,965/QALY	\$93,395/QALY

- cost-effective

- cost-effective at \$4.35/day
- cost-saving at \$3.59/day

Device-Detected AF: Take Home Points

1. Patients with Device-Detected AF $\geq$ 24 hours
 - Risk stratify like usual clinical AF

2. Patients with device-detected AF 6 min – 24 h
 - Clear Benefit to OAC if
 - Prior Stroke
 - CHA₂DS₂-VASc Score > 4
 - Vascular disease (ie ASA indication)

Questions and Discussion

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Roary
? 2011 – Oct 20, 2025