### The effect of retrograde autologous priming on transfusion requirements after cardiac surgery (TheRAPy)

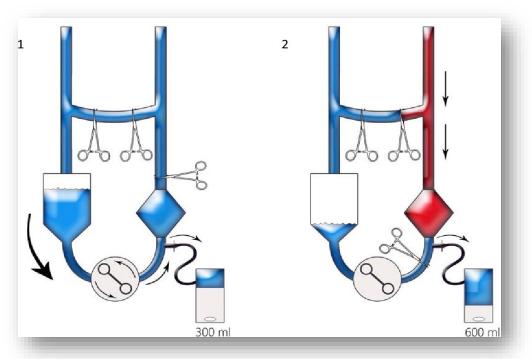






## Background of Retrograde Autologous Priming (RAP)

 RAP is a simple and low-cost technique, whereby the patient's own blood, rather than crystalloid fluid, is used to prime the cardiopulmonary bypass (CPB) circuit









## Background of Retrograde Autologous Priming (RAP)

- RAP may minimize hemodilution during cardiac surgery, a potentially modifiable contributor to red
   blood cell (RBC) transfusion
  - Lowering blood transfusions can decrease costs and resource use at the level of the healthcare system, and morbidity and mortality at the level of the individual patient
  - There is a large variation in the clinical uptake of RAP, which reflects the limitations in existing evidence







# **Study Summary**



**Vanguard Objective:** to assess the feasibility of a fullscale trial to determine whether an institutional policy of routine RAP versus a policy of crystalloid priming reduces intra- and post-operative RBC transfusion up to 72 hours after cardiac surgery

**Study Design:** Multi-centre, multiple period, cluster randomized crossover trial









# Study Summary (cont.)

**Intervention**: 2 hospital-based policies for the initiation of CPB during cardiac surgery

- 1. RAP
- 2. Crystalloid Priming

#### Duration

• 12 x 4-week crossover periods

#### Sample Size

- Vanguard: 4,500 patients across 4 sites
- Full Trial: 16,800 patients across 20 sites









## **Description of the Policies**

### Routine RAP Policy (intervention)

- I. Use of arterial and venous autologous CPB priming in all adult patients undergoing cardiac surgery (minimum 300mL)
- II. Crystalloid priming acceptable for patients with a contraindication to RAP (≤ 10% expected; hemodynamic instability, need for emergency implementation of CPB) according to clinician discretion.

### Crystalloid Priming Policy (control)

- I. Use of crystalloid priming in all patients undergoing cardiac surgery
- II. RAP acceptable in patients with a contraindication to crystalloid priming (≤ 10% expected); refusal to receive transfusion, patients with rare blood types) according to clinician discretion







## Primary and Secondary Outcomes

Phase	Primary Outcome(s)	Secondary Outcome(s)
Vanguard	<ul> <li>Feasibility of the trial protocol, defined as adherence ≥90% to both institutional policies applied in random sequence</li> </ul>	<ul> <li>To collect data about critical parameters that affect the design and implementation of the full-scale trial</li> </ul>
Full Trial	<ul> <li>The mean number of RBC units transfused within 72 hours of cardiac surgery per patient in each centre</li> </ul>	<ul> <li>The mean number of RBC units transfused in-hospital up to 30-days</li> <li>Incidence of transfusion at 72 hours and in-hospital up to 30-days</li> <li>Incidence of acute kidney injury (AKI) at 72 hours and in-hospital up to 30-days</li> <li>ICU and hospital length-of-stay</li> <li>In-hospital mortality</li> <li>Healthcare costs</li> </ul>
Research Institute		Health Sciences