

Randomized Evaluation of Longterm anticoagulant therapY

Dabigatran Compared to Warfarin in 18,113 Patients with Atrial Fibrillation at Risk of Stroke

Sponsored by Boehringer-Ingelheim

Atrial Fibrillation and Stroke



• AF responsible for 1/6 of all strokes

- Warfarin reduces stroke in AF by 64%
 - significant increase in intracranial and other hemorrhage
 - Difficult to use

• Only 50% of eligible patients receive warfarin

• An alternative treatment is needed





 Dabigatran Etexilate, a pro-drug, is rapidly converted to dabigatran

6.5% bioavailability, 80% excreted by kidney

Half-life of 12-17 hours

 Phase 2 data identified 110 mg BID and 150 mg BID as viable doses

RE-LY: A Non-inferiority Trial







Performed December 2005-March 2009

Median Follow up 2.0 years

Follow up 99.9% complete

Mean TTR = 64% (patients on warfarin)

Baseline Characteristics



Characteristic	Dabigatran 110 mg	Dabigatran 150 mg	Warfarin
Randomized	6015	6076	6022
Mean age (years)	71.4	71.5	71.6
Male (%)	64.3	63.2	63.3
CHADS2 score (mean)	2.1	2.2	2.1
0-1 (%)	32.6	32.2	30.9
2 (%)	34.7	35.2	37.0
3+ (%)	32.7	32.6	32.1
Prior stroke/TIA (%)	19.9	20.3	19.8
Prior MI (%)	16.8	16.9	16.1
CHF (%)	32.2	31.8	31.9
Baseline ASA (%)	40.0	38.7	40.6
Warfarin Naïve (%)	49.9	49.8	51.4

Stroke or Systemic Embolism





1º Outcome: Superiority Analysis



	D 110mg	D 150mg	warfarin	D 110mg vs. Warfarin		D 150mg vs. Warfarin	
	Annual rate	Annual rate	Annual rate	RR 95% CI	P *	RR 95% Cl	Ρ
Stroke or systemic Embolism	1.5 %	1.1 %	1.7 %	0.91 0.74-1.11	0.34	0.66 0.53-0.82	<0.001
Stroke	1.4 %	1.0 %	1.6 %	0.92 0.74-1.13	0.41	0.64 0.51-0.81	<0.001

Ischemic/Unspecified Stroke





Hemorrhagic Stroke





Bleeding



	D 110mg	D 150mg	warfarin	D 110mg vs. Warfarin		D 150mg vs. Warfarin	
	Annual rate	Annual rate	Annual rate	RR 95% CI	р	RR 95% CI	р
Total	14.6%	16.4%	18.2%	0.78 0.74-0.83	<0.001	0.91 0.86-0.97	0.002
Major	2.7 %	3.1 %	3.4 %	0.80 0.69-0.93	0.003	0.93 0.81-1.07	0.31
Life- Threatening major	1.2 %	1.5 %	1.8 %	0.68 0.55-0.83	<0.001	0.81 0.66-0.99	0.04
Gastro- intestinal Major	1.1 %	1.5 %	1.0 %	1.10 0.86-1.41	0.43	1.50 1.19-1.89	<0.001

MI, Death and Net clinical Benefit



	D 110mg	D 150mg	warfarin	D 110mg vs. Warfarin		D 150mg vs. Warfarin	
	Annual rate	Annual rate	Annual rate	RR 95% Cl	р	RR 95% Cl	р
МІ	0.7%	0.7 %	0.5 %	1.35 0.98-1.87	0.07	1.38 1.00-1.91	0.048
Death	3.8 %	3.6 %	4.1 %	0.91 0.80-1.03	0.13	0.88 0.77-1.00	0.05
Net Clinical Benefit	7.1 %	6.9 %	7.6 %	0.92 0.84-1.02	0.10	0.91 0.82-1.00	0.04

Net Clinical Benefit includes vascular events, death and major bleed

Dabigatran 150 mg vs. 110 mg



	Dabigatran 110mg	Dabigatran 150mg	D 150mg vs. D 110 mg	
	Number rate/yr	Number rate/yr	Relative Risk 95% Cl	р
Stroke and systemic embolism	1.5%	1.1 %	0.73 0.58-0.91	0.005
Hemorrhagic stroke	0.1%	0.1 %	0.85 0.39-1.83	0.67
Major Hemorrhage	2.7 %	3.1 %	1.16 1.00-1.34	0.05
Net Clinical Benefit	7.1 %	6.9 %	0.98 0.89-1.08	0.66

*Net Clinical Benefit includes vascular events, death and major bleed

Permanent Discontinuation





ALT or AST >3x ULN





Common Adverse Events



Adverse events occurring in	Dabigatran 110 mg	Dabigatran 150 mg	Warfarin
perior any greap	%	%	%
Dyspepsia *	11.8	11.3	5.8
Dyspnea	9.3	9.5	9.7
Dizziness	8.1	8.3	9.4
Peripheral edema	7.9	7.9	7.8
Fatigue	6.6	6.6	6.2
Cough	5.7	5.7	6.0
Chest pain	5.2	6.2	5.9
Arthralgia	4.5	5.5	5.7
Back pain	5.3	5.2	5.6
Nasopharyngitis	5.6	5.4	5.6
Diarrhea	6.3	6.5	5.7
Atrial fibrillation	5.5	5.9	5.8
Urinary tract infection	4.5	4.8	5.6
Upper respiratory tract infection	4.8	4.7	5.2

*Occurred more commonly on dabigatran p<0.001



- Dabigatran 150 mg significantly reduced stoke compared to warfarin with similar risk of major bleeding
- Dabigatran 110 mg had a similar rate of stroke as warfarin with significantly reduced major bleeding
- Both doses markedly reduced intra-cerebral, lifethreatening and total bleeding
- Dabigatran had no major toxicity, but did increase dyspepsia and GI bleeding



 Both Dabigatran doses offer advantages over warfarin

 Dabigatran 150 is more effective and dabigatran 110 has a better safety profile

 There is potential to tailor therapy to individual patient characteristics