



NCINGATE ESUS

An international, double-blind, phase III randomized trial

Main Results

Robert Hart on behalf of the NAVIGATE ESUS Steering Committee and Investigators





Sponsorship & Disclosures

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Disclosures: R. G. Hart (McMaster University) Research support, honoraria and stipends from Bayer AG (rivaroxaban) for serving as the co-Principal Investigator of the NAVIGATE ESUS trial, for service on the Steering & Event Adjudication Committees of COMPASS / COMPASS MIND MRI trial, and for participation on advisory boards



Embolic Strokes of Undetermined Source (ESUS)

- Most cryptogenic strokes are embolic (cardioembolic, arteriogenic, paradoxic).
- Extensive diagnostic efforts to define the specific cause are expensive & not widely available; often one than one potential source is identified.
- For secondary prevention, anticoagulants may be more efficacious than antiplatelets for most embolic sources.
- ESUS criteria: Nonlacunar, cryptogenic ischemic stroke with open artery & no major-risk cardioembolic source.



NAVIGATE ESUS Study Design

Prospective, randomized, double-blind, active-comparator, event-driven, superiority, phase III study



Patients with recent ischemic stroke and

- 1. visualized by brain CT or MRI that is not lacunar (subcortical infarct ≤1.5 cm)
- 2. absence of cervical carotid atherosclerotic artery stenosis > 50% or occlusion
- 3. no atrial fibrillation after ≥ 24 hours cardiac rhythm monitoring
- 4. no intra-cardiac thrombus on echocardiography

150 citos in 21 countrios

5. no other specific etiology for cause of stroke (eg, arteritis, dissection, migraine/ vasospasm, drug abuse)

Age ≥ 50 years

Study halted on 5 October 2017 at the 2nd interim analysis based on recommendation by the DMC: "In the absence of offsetting benefit, and little chance of showing benefit if the study were completed, there is a clear risk of excess bleeding."

NAVIGATE ESUS Countries & National Leaders



Argentina: Sebastian Ameriso Australia: Graeme Hankey Austria: Wilfried Lang Belgium: Raf Brouns Brazil: Rubens José Gagliardi Canada: Mike Sharma Chile: Pablo Lavados China: Yongjun Wang Czech Republic: Robert Mikulik Finland: Turgut Tatlisumak France: Pierre Amarenco Germany: Matthias Endres Greece: George Ntaios Hungary: Daniel Bereczki Ireland: Martin O`Donnell Israel: Natan Bornstein Italy: Danilo Toni Japan: Shinichiro Uchiyama Mexico: Antonio Arauz Poland: Anna Czlonkowska Portugal: Luis Cunha Russia: Nikolay Shamalov

South Africa: Mattys Basson South Korea: Byung-Woo Yoon Spain: Antoni Davalos Sweden + Denmark; Arne Lindgren Switzerland: Jens Eckstein Turkey: Serefnur Öztürk UK: Keith Muir UK: Roland Veltkamp USA: Scott Kasner



Baseline Characteristics

	Rivaroxaban (N=3609)	ASA (N=3604)
Age, years (mean)	66.9	66.9
Male sex	62 %	61%
Systolic Blood Pressure, mmHg (mean \pm s.d.)	135 ± 17	135 ± 17
Statin use after randomization	78 %	77 %
Hypertension	77 %	78 %
Diabetes mellitus	25 %	25 %
Current tobacco use	21%	20%
Prior stroke or TIA	17 %	18 %
Geographic region		
U.S.A. and Canada	13 %	13 %
Latin America	10%	10 %
Europe	59 %	58 %
• East Asia	19 %	19 %
NIHSS score at randomization (median, IQR)	1.0 (0.0, 2.0)	1.0 (0.0, 2.0)
Intravenous tPA use	17 %	18 %
Time from qualifying stroke to randomization	38 d	36 d
Intracranial vascular imaging (any type)	78 %	78 %
Cardiac rhythm monitoring ≥48 hours	34 %	34 %



Figure 1a. Kaplan-Meier curves for time to first primary efficacy outcome



Efficacy Outcomes

	Rivaroxaban N=3609 n (%/year)	ASA N=3604 n (%/year)	HR (95% CI)	p- value
Primary outcome (all recurrent stroke or systemic embolism)	172 (5.1)	160 (4.8)	1.1 (0.87-1.3)	0.52

Individual components included in the primary outcome

All recurrent stroke (ischemic, hemorrhagic, undefined)	171 (5.1)	158 (4.7)	1.1 (0.87-1.3)	0.48
Ischemic stroke	158 (4.7)	156 (4.7)	1.0 (0.81-1.3)	0.92
Hemorrhagic stroke	13 (0.4)	2 (0.1)	6.5 (1.5-28)	0.01

Secondary Efficacy Outcomes

	Rivaroxaban N=3609 n (%/year)	ASA N=3604 n (%/year)	HR (95% CI)	p- value
All recurrent stroke, MI, CV death, systemic embolism	207 (6.2)	195 (5.8)	1.1 (0.87-1.3)	0.57
All disabling stroke	41 (1.2)	29 (0.8)	1.4 (0.88-2.3)	0.15
Myocardial infarction (MI)	17 (0.5)	23 (0.7)	0.74 (0.39- 1.4)	0.34
All-cause mortality	65 (1.9)	52 (1.5)	1.26 (0.87- 1.8)	0.22
Cardiovascular death	34 (1.0)	23 (0.7)	1.48 (0.87- 2.5)	0.14

Figure 1b. Kaplan-Meier curves for time to first major bleed

Safety Outcomes

	Rivaroxaban N=3609 n (%/year)	ASA N=3604 n (%/year)	HR (95% CI)	p-value
Primary safety outcome (ISTH major bleeding)	62 (1.8)	23 (0.7)	2.7 (1.7-4.4)	0.001
Secondary safety outcomes				
Life-threatening/fatal	35 (1.0)	15 (0.4)	2.3 (1.3-4.3)	0.006
bleeding				
Clinically-relevant non-major bleeding	118 (3.5)	79 (2.3)	1.5 (1.1-2.0)	0.005
Symptomatic intracranial hemorrhage	20 (0.6)	5 (0.1)	4.0 (1.5-11)	0.005
- intracerebral	12 (0.3)	3 (0.1)	4.0 (1.1-14)	0.03
- subarachnoid	5 (0.1)	1 (0.0)	5.0 (0.5-43)	0.10
- subdural/epidural	3 (0.1)	2 (0.1)	1.5 (0.3-9.0)	0.65

Subgroup	Rivaroxaban	Aspirin	Hazard Ratio (95% CI)	
	no. of patients with event/	total no. (annualized rate)		
Overall	172/3609 (5.1)	160/3604 (4.8)	- ₩ -1	1.07 (0.87-1.33)
Age		, , , ,		
<60 yr	43/861 (5.4)	25/855 (3.1)	i	1.73 (1.06-2.83)
60-75 yr	90/2019 (4.8)	93/1993 (5.1)		0.94 (0.71-1.26)
>75 yr	39/729 (5.7)	42/756 (5.8)		0.97 (0.63-1.51)
ex	, , , ,	, , , ,		. ,
Male	122/2232 (5.8)	102/2204 (4.9)		1.17 (0.90-1.53)
Female	50/1377 (4.0)	58/1400 (4.5)	<u>⊢_∎</u> ,	0.89 (0.61-1.29)
ace	, , , ,	1 (1		
White only	106/2612 (4.4)	114/2604 (4.7)	- œ -1	0.93 (0.71-1.21)
Black only	2/51 (3.9)	4/60 (7.9)		0.51 (0.09-2.83)
Asian only	57/716 (8.3)	34/698 (5.0)		1.65 (1.08-2.52)
Other	7/230 (3.5)	8/242 (3.9)	· · · · · · · · · · · · · · · · · · ·	0.91 (0.33-2.51)
eographic region		, , ,		. ,
United States and Canada	27/461 (6.4)	15/457 (3.5)		1.82 (0.97-3.42)
Latin America	12/372 (4.2)	10/374 (3.5)	↓ · · · · · · · · · · · · · · · · · · ·	1.23 (0.53-2.85)
Western Europe	56/1541 (3.7)	80/1540 (5.4)	· · · · · ·	0.69 (0.49-0.97)
Eastern Europe	24/560 (4.9)	22/558 (4.4)	· · · · · · · · · · · · · · · · · · ·	1.10 (0.61-1.96)
East Asia	53/675 (8.1)	33/675 (5.0)	· · · · ·	1.61 (1.04-2.49)
ody-mass index				, , , , ,
<25	65/1267 (5.5)	68/1233 (6.1)		0.92 (0.65-1.29)
≥25 to <30	76/1491 (5.5)	59/1484 (4.2)	· · · ·	1.31 (0.93-1.84)
≥30	31/839 (4.0)	33/868 (4.0)	· · · · ·	0.97 (0.60-1.59)
/eight	, , , ,	7 (7		. ,
<70 kg	68/1278 (5.8)	59/1257 (4.9)		1.16 (0.82-1.64)
70-90 kg	79/1746 (4.9)	85/1733 (5.4)		0.92 (0.68-1.25)
>90 kg	25/576 (4.6)	16/599 (2.9)	· · · · ·	1.58 (0.84-2.96)
stimated GFR	, , , ,	, , ,		. ,
<50 ml/min	10/218 (4.8)	11/201 (5.9)	<u>⊢</u>	0.86 (0.36-2.02)
50-80 ml/min	82/1773 (4.9)	97/1758 (5.8)	· · · · ·	0.83 (0.62-1.12)
>80 ml/min	80/1617 (5.5)	52/1644 (3.5)	· · · · · · · · · · · · · · · · · · ·	1.57 (1.11-2.23)
troke or TIA before qualifying stroke	, , ,	, , ,		. ,
Yes	52/620 (9.2)	51/643 (8.8)	<u>⊢ •</u>	1.05 (0.72-1.55)
No	120/2989 (4.3)	109/2961 (3.9)	· · · · · · · · · · · · · · · · · · ·	1.09 (0.84-1.42)
ime from qualifying stroke to randomiz	zation			()
≤30 davs	89/1566 (6.4)	81/1666 (5.4)		1.17 (0.87-1.59)
>30 days to 3 mo	55/1158 (5.2)	48/1073 (4.9)		1.06 (0.72-1.57)
>3 mo	28/885 (3.2)	31/865 (3.6)		0.89 (0.53-1.48)
Cardiac rhythm monitoring	1 (1	7 (7		. ,
<48 hr	122/2390 (5.6)	103/2382 (4.7)	⊢	1.19 (0.91-1.54)
≥48 hr	50/1218 (4.3)	57/1217 (5.0)		0.87 (0.59-1.27)
Hypertension	1 (1	7 (7		. ,
Yes	128/2782 (5.0)	121/2803 (4.7)	- ∎ -1	1.07 (0.83-1.37)
No	44/827 (5.7)	39/801 (5.2)		1.09 (0.71-1.68)
Diabetes mellitus	· · · · · · · · · · · · · · · · · · ·			(
Yes	54/889 (6.8)	46/917 (5.6)		1.21 (0.81-1.79)
No	118/2720 (4.6)	114/2687 (4.5)		1.02 (0.79-1.33)
				(
		0.1	0.25 0.5 1.0 2.0 3.0	
			Rivarovahan Aspirin	
			Better Better	

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NAVIGATE ESUS Main Results-I

- Rigorously-conducted, hypothesis-testing phase III international randomized trial.
- No reduction in recurrent stroke by rivaroxaban 15 mg daily vs. aspirin, and major bleeding was increased.
- Stopped early with 74% of planned primary events, but adequate power to exclude >13% stroke reduction by rivaroxaban.
- High rate of recurrent stroke (~5%/yr) with either treatment.

NAVIGATE ESUS Main Results - II

"A beautiful hypothesis slain by ugly facts."*
Why was NAVIGATE ESUS negative?

- Did ESUS criteria define embolic strokes?

- Heterogeneous embolic sources with different composition of emboli did not respond better to factor Xa inhibition?

Ongoing randomized trials will clarify if the high stroke recurrence rates in ESUS patients can be reduced by alternative anticoagulants.

* Adapted from Thomas Huxley; address to British Association for Advancement of Science (1870).

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