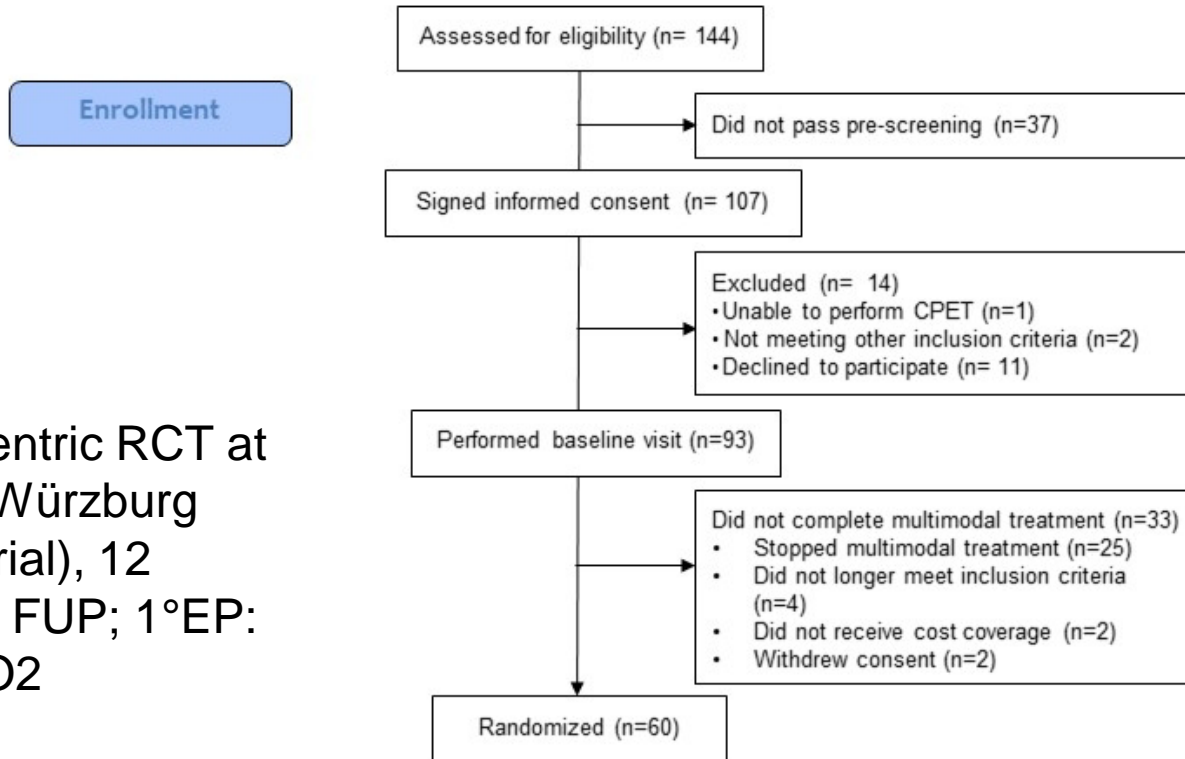


# What we know from RCT's of Bariatric surgery

*Germany's experience/ G. Ertl/S. Störk*

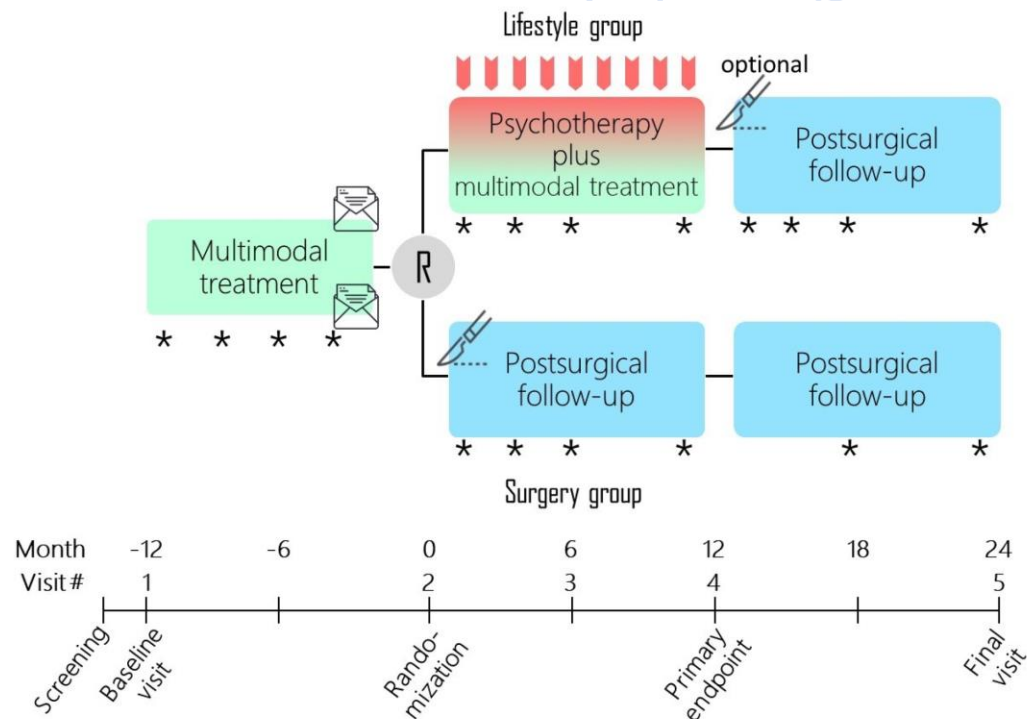
# What we know from RCT's of Bariatric surgery Germany 's experience. The WAS-Study



Monocentric RCT at  
CHFC Würzburg  
(WAS trial), 12  
months FUP; 1°EP:  
peakVO2

Koschker AC et al. Cardio-psycho-metabolic outcomes of bariatric surgery: Design and baseline of the WAS trial. *Endocr Connect.* 2022 Feb 1; 11(2): e210338

# What we know from RCT's of Bariatric surgery Germany 's experience. The WAS-Study



- All but one patient randomized into the control group underwent surgery in the period 12-24 months

Koschker AC et al. Cardio-psycho-metabolic outcomes of bariatric surgery: Design and baseline of the WAS trial. *Endocr Connect*. 2022 Feb 1; 11(2): e210338

# What we know from RCT's of Bariatric surgery Germany's experience

## Lesson learned:

- Patients in this indication need a balanced choice to agree to randomized participation
- Most patients come to adipositas centers with their minds fixed on receiving surgery
- Recruitment phase extremely prolonged:  
49 months to screen 147 eligible patients

## Expectation

- If weight-lowering drugs can be offered in the control arm, it will be possible to recruit patients for BRAVE,

Koschker AC et al. Cardio-psycho-metabolic outcomes of bariatric surgery: Design and baseline of the WAS trial. *Endocr Connect.* 2022 Feb 1; 11(2): e210338



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